

FOLLOW MY HEALTH – HOW TO SIGN-UP



or, use an alternative



[How is this information used?](#)

CLICK HERE

I need to sign up

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FOLLOW MY HEALTH – HOW TO SIGN-UP



Sign Up and Connect

With FollowMyHealth® you can manage your health information and communicate with providers in a secure, online environment – 24 hours a day / 7 days a week. Once you create your account, you will be prompted to search for and connect with available providers in your area.

Notifications Email <input type="text" value="JohnDow@hotmail.com"/>	Zip Code <input type="text" value="92882"/>
First Name <input type="text" value="John"/>	Home Phone Number (optional) <input type="text" value="9513523937"/>
Last Name <input type="text" value="Dow"/>	Social Security Number (optional) <input type="text"/>
Date of Birth (e.g. 10/29/1985) <input type="text" value="08/28/1978"/>	
<input type="button" value="« Back"/>	<input type="button" value="Confirm and Continue"/>

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FILLOUT YOUR INFO + CONFIRM
BE SURE YOUR NAME, AND DATE OF BIRTH ARE
CORRECT OR THE SYSTEM WILL NOT RECOGNIZE YOU

FOLLOW MY HEALTH – HOW TO SIGN-UP



FollowMyHealth Universal Health Record Terms of Use

Welcome to the FollowMyHealth Universal Health Record. All users of this web site, as well as the FollowMyHealth Universal Health Record and all related products and services (collectively, the "Service"), are subject to the following terms and conditions of use (these "Terms of Use"). Please read these Terms of Use carefully before accessing or using any part of the Service. **By accessing or using the Service, you agree that you have read, understand, and agree to be bound by these Terms of Use, as amended from time to time, and agree to be bound by FollowMyHealth Privacy Policy which is hereby incorporated into these Terms of Use.** If you do not wish to agree to these Terms of Use and/or the FollowMyHealth Privacy Policy, do not access or use any part of the Service.

Definitions

READ & ACCEPT

I Accept

I Decline

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FOLLOW MY HEALTH – HOW TO SIGN-UP



Sign Up and Connect



Create Username (Using your email is recommended)

JohnDow@hotmail.com

- ✓ Cannot contain the characters /, ?, #, or \
- ✓ If using your email, must be a valid email address

Create Password

Password

Confirm Password

- ✗ Must be at least 8 characters
- ✗ Must contain at least one number
- ✗ Must contain at least one special character.
For example: !@#\$\$%^&*()-
- ✗ Passwords must match

« Back

Confirm and Continue

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CHOOSE A PASSWORD + CONFIRM

FOLLOW MY HEALTH – HOW TO SIGN-UP

Request Connections to Healthcare Organizations

Requesting a connection informs your healthcare provider that you would like your medical information to be made available online through FollowMyHealth.

If your healthcare provider is a participant in FollowMyHealth, they will display in the search results below. Use the Search Box to locate available connections by entering your zip code, provider, or healthcare organization. (We have started the process for you by entering your zip code.)

To use FollowMyHealth without adding connections, please click the "Skip This Step" button.

Please note that response times to your connection requests may vary by organizations or providers.

Search: (Zip Code, Organization, or Provider)

Search Results

Dr. Browning 4315 Brockton Ave Riverside, California 92501	Connect
Dr. Rupp 4440 Brockton Ave. #100 Riverside, California 92501	Connect
Cardiology Specialists Medical Group 3975 Jackson St. #309 Riverside, California 92503	Connect
JRP Medical Group 9670 Magnolia Ave Riverside, California 92503	Connect

My Organizations

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[Skip This Step](#) [Next](#)

**SEARCH FOR CARDIOLOGY SPECIALISTS MG
OR ADD YOUR PCP OR OTHER DR IF YOU FIND THEM IN
THE LIST**

Sign Request for Access

1 of 1 - Cardiology Specialists Medical Group

Please review the Request for Access agreement and accept or decline the terms below.

[Print](#)

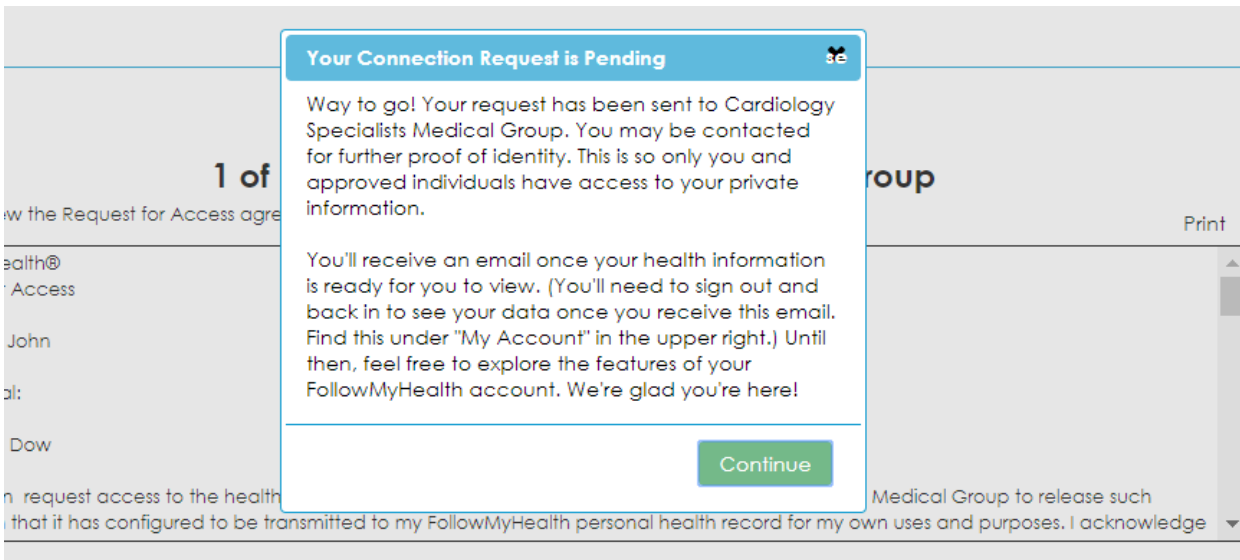
FollowMyHealth@
Request for Access

First Name: John
Middle initial:
Last Name: Dow

I, Dow, John request access to the healthcare information about me, and authorize Cardiology Specialists Medical Group to release such information that it has configured to be transmitted to my FollowMyHealth personal health record for my own uses and purposes. I acknowledge

Accept Decline

FOLLOW MY HEALTH – HOW TO SIGN-UP



FINISHED!

GIVE US UP TO 48 HOURS TO CONFIRM YOUR PROFILE AND LINK YOUR INFORMATION.

CHECK YOUR EMAIL, INCLUDING YOUR SPAM FOLDER FOR AN E-MAIL FROM cardiology@csmedicalgroup.com, in case we need to contact you for further proof of identity.